



Certificate of Advanced Studies HES-SO

CAS IN MENTAL HEALTH AND SOCIAL PSYCHIATRY THE ENCOUNTER WITH THE PATIENT

January 2010 – December 2010



A NEW OFFER

In order to answer to the increasing demand of health professionals and to face the more and more complex clinical situations of hospitalized psychiatric patients, the School of health (HECV-Santé) at the University of Applied Sciences Western Switzerland and in partnership with the tertiary referral psychiatric department in Vaud (CHUV) offer un new Certificate of Advanced Studies centered on the care given to hospitalized psychiatric patients: . The CAS in Mental Health and Social Psychiatry.

OBJECTIVE

The encounter with the patient aim at improving the quality of care and the consolidation of professional posture by exploring the clinic encounter and by developing various specific resources in psychiatric environment. The objective of this is to go further with the specific residential and hospital context.

TARGET AUDIENCE

This course is designed for nurses who work in psychiatric services. It is also open to other Health Professionals and Social Workers who are currently working in psychiatric services or institutions. Professionals who begin a career in this field are particularly welcome to enroll in the CAS and further improve their knowledge and specific competencies in caring for patients with psychiatric disorders.

LA FORMATION

The CAS in Mental Health Social Psychiatry is a twenty-four day program. This course consists of two modules of 6 ECTS credits, including 18 days in clinical practice. Students will identify clinical problems and take part in reflective assessments in order to integrate their new competencies. Days in clinical practice will allow students to apply their competencies developed in the module A and the module B. This course is completed by the realization of a degree dissertation.

COMPETENCIES REPOSITORY

Competency 1

Develop a personal position that allow the encounter of patients in psychiatric crisis situation.

- 1.1 By building a respectful and mutual relationship with the patient.
- 1.2 By adapting verbal and non verbal communication, the language precision to understanding possibilities, to anxiety and to the needs of the interlocutor.
- 1.3 By taking into account the emotional mechanisms and the defenses in a relationship with the patient.
- 1.4 By identifying values and ethical dimensions in each clinical situation
- 1.5 By taking into account student own resources

Competency 2

Develop appropriate knowledge and techniques to develop and provide care adapted to patients in psychiatric crisis situation.

- 2.1 By using various knowledge in a critical way
- 2.2 By identifying crisis elements
- 2.3 By mastering specific techniques
- 2.4 By integrating patient, health professional and informal network
- 2.5 By taking into account its close relatives/family
- 2.6 By valorizing resources and competencies of the patient and his network
- 2.7 By working in a multidisciplinary team
- 2.8 By taking into account legal aspects of hospitalization

Competency 3

Develop the capacity to link its own position, techniques and knowledge with a specific care situation.

- 3.1 By taking into account himself in a professional situation
- 3.2 By taking initiatives in action and on action.

PEDAGOGIC CHARACTERISTIC

The pedagogic approach is based on the Obin Model (1995) that shows the importance of tensions from the conceptual pole to the functional pole and from the personal pole to the identity pole. In this sense, various didactic models like participative methods are proposed. These methods allow a specific professional construction by exploiting practice and experience of the participant.

The team of instructors is multidisciplinary. It is composed of nurses, psychologists, doctors, and lawyers. This course is enhanced by the participation of partners and instructors diverse experiences.

THE MODULES

Module A - CONSIDER CLINIC ENCOUNTER

Module Coordinator: Christian Brokatzky

(6 credits ECTS)

This module aims to facilitate participants to develop a personal position toward psychiatric patient in crises in their daily clinical work. This module is centered on clinical encounter and tries to go deeper into the knowledge of patients' personal experience and health professional own experience. It proposes to lead to a reflection that shows caregivers as self-conscious partners and to think about existential and psychological stakes beneath the care relation.

This module consists of a combination of four classes centered on the importance of an anthropological perspective approach during encounter of each single patient. The first part of this module is aiming to understand basic phenomenon in interhuman encounter that happen in personal and professional life. Then, in the second part of this study, we will discuss about subjective and intersubjective stakes that happen in every therapeutic relations (for the patient as for the caregivers).

- A. Phenomenology in the interhuman encounter**
- B. Philosophy of care**
- C. Basics on ethics in care relationship**
- D. Basics on subjectivity on a psychiatric plan**

Lecturers:

R. Baumann- C. Bigoni – Ch. Brokatzky – L. Jeanrenaud – A. Stantzos – M. Vaucher Winterhalter

MODULE B - USE CONCEPTS IN A CRITICAL WAY

Module Coordinator: Luc Jeanrenaud

(6 credits ECTS)

This module aim to develop various competences and specific resources in a psychiatric environment and support a reflective thinking by participants. By combining theory and application, it encourages critical and reflective position by professionals, a clinical psychiatric characteristic.

The topics of this module are chosen according to the needs in clinical and residential psychiatry.

- A. History of psychiatric care
- B. Trend of thought in care
- C. Psychopathology
- D. Law and psychiatry
- E. The care interview
- F. Multicultural care
- G. Pluridisciplinary collaboration
- H. Intensive care

Lecturers:

C. Bigoni – J. Bigoni – Ch. Brokatzky- B. Despland – J. Hergott – L. Jeanrenaud – B. Pourré- M. Saraga – P. Waeny

ADRESSES



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